

Comprehensive Addiction Programs, Inc.

CAP Chronicle

CAP Falls Victim to Burglary

Special Interest:

- **Burglary at CAP**
- **Men's Suit Drive**
- **Halloween Party**

Staff returned to work Tuesday, September 6, 2011 after the Labor Day weekend to find that the administration office had been burglarized. The culprits stole five computers, media storage devices, a desktop printer, a safe, and several other office equipment items. Over 300 hundred retail discount cards CAP was using for fundraising were also stolen, resulting in a loss of more than \$3,000.

Although insurance will cover the cost of replacing the equipment, much of the information lost with the computers and other data storage media will be difficult to recover. No client or personnel information was taken, but many program and financial files must be replaced. Because payroll and client trust account checks were also taken, all existing CAP bank accounts had to be closed and new accounts opened. Some business transactions will be delayed while financial systems are reinstalled and updated, making it difficult for CAP to meet time-sensitive obligations.

This incident, the first burglary in CAP's history, has taught us a painful, but valuable lesson. It is too easy to become complacent, to feel exempt from intrusion simply because we provide a service to the community. The sad reality is that anyone can fall victim to theft, even a non-profit organization. Safeguards and security must be, more than ever, an important part of everyday life at CAP. We have installed a security system and will replace equipment and data, and we will persevere as always, but we can never regain the trust and sense of security that have been lost to someone's criminal behavior.



Thank You Men's Wearhouse and the Community!!!

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CAP partnered with the Men's Wearhouse this August in their national suit drive. Throughout the month Men's Wearhouse collected over 100,000 items including suits, sport coats, slacks, dress shirts, ties, belts and shoes.

Fresno collected over 400 items, including 60 suits that are being given to exiting CAP clients who complete the program.

CAP also dispersed some of the clothing to King of Kings, Fresno New Connections, The Quest House, Nuestra Casa, Transitional Living Center and Universal Health Network for the clients in their drug and alcohol treatment programs.

We are so happy and grateful for the generosity of the community and for all the hard work that Men's Wearhouse put into this event!!!



First Client Suited Up

Featured Board Member Marvin Smith

Marvin Smith, a CAP Board member, was born in Fresno and lived here until he went into the Army in 1956. He attended school at Fresno High, Fresno City College and the University of Southern California where he studied business administration. He has worked in real estate development for 35 years for Burgess-Smith Development Group, a company that manages office and shopping center properties.

After being asked by the current Board President, John Stewart, he joined the CAP Board in January 2010. He feels that those affected by drug and alcohol addiction are an underserved population and that CAP provides a very important service.

There are many goals that Marvin has for CAP, such as eventually having an outside transitional living center. But overall he is very proud of what CAP has accomplished and says it has been a pleasure to be a part of "restarting its engine."

Marvin describes himself as a non-profit junkie and says he enjoys giving back to the community. For him it is more rewarding to give rather than to receive.

He also is a member of the FEMA Board of Fresno County, is Chairman of the Poverello House Board, and is Vice Chair for the Saint Agnes Medical Center Foundation. He has also been Co-Chair for Bnai Brith Student Athlete Award Dinner, Chairman for Fresno City Planning Commission, and a member of a past Fresno County Grand Jury.

He is married to Carole Smith, and has two children: Todd, who also serves on the CAP Board, and Liz, who is a special education teacher in Torrance, California. In his free time Marvin enjoys gardening and playing tennis.

Featured Employee Mike Whipple



Mike Whipple was born and raised in Fresno, California. He attended McLane High School, but left in the tenth grade to enter the Marine Corps. He spent one year in the Marines and was medically discharged.

It was around the age of 13 that Mike first got involved with drugs. Not until 1996 did things start to change. While in jail he had a spiritual awak-

ening and chose then and there to change his life. Facing an almost 11-year sentence, Mike avoided prison by going to rehab at The Maroa Home, where he spent 22 months in the program. He stayed connected with the Maroa Home by doing service there after he completed the program.

He began working at Home Run Recovery teaching a variety of classes. Working in the drug and alcohol addiction field led him to study drug and alcohol counseling at Fresno City College and in 2003 he received an Associate of Science degree.

Following graduation he interviewed for two jobs and was offered both. He accepted the job at CAP because he felt more comfortable and at ease there. "I felt like I was at home—that this is the place that God called me to be," Mike said.

CAP is like family to him and he appreciates all the staff. He enjoys his

line of work because it allows him to give back what was given to him.

Due to medical issues Mike has had some struggles continuing to work, but he has made accommodations by switching from full time to part time. "My heart and passion for helping those in recovery has led me to continue working," Mike said.

Mike chose to continue his education by studying online at Madison University and completed his Bachelor of Science degree in chemical dependence counseling in 2008.

He has been married to Grace since 2001, has one daughter from a previous marriage, and two grandchildren, Logan, age 8, and Jared, 18, with whom he enjoys spending time. His hobbies include gardening, swimming, collecting jewelry and riding his motorcycle with the Soldiers for Jesus group.

SAVE THE DATE!!!

CAP Halloween Party
Friday, October 28, 2011
5 p.m. – 9 p.m.



Haunted House, Games, Food, Prizes!!!
For more information or if you would like to volunteer
Please call Carrie at (559) 264-5096

What is Crack Cocaine?

Cocaine is extracted from the coca leaf and was developed as a pain killer. It comes in a powder form and is snorted through the nose. Crack cocaine comes in a rock form and is heated and smoked. It is named because it makes a cracking or popping sound when heated.

Crack cocaine is far more potent than regular cocaine. It's between 75% and 100% pure, making it much riskier. Smoking any drug allows it to reach the brain quicker

than snorting and brings about an immediately intense high. This effect can cause the drug to be far more addictive.

The drug causes a quick, intense, euphoric high, but coming down from it causes the opposite effect and the user becomes very depressed. The depression becomes deeper with every use.

"Crack cocaine is one of the most powerful illegal

drugs when it comes to producing psychological dependence. It stimulates key pleasure centers within the brain and causes extremely heightened euphoria," according to The Truth About Drugs.

It doesn't matter how much the drug is used or how often, crack cocaine increases the risk of heart attack, stroke, seizure, or respiratory failure, all of which can cause sudden death.

"Coca-Cola was named back in 1885 for its two 'medicinal' ingredients: extract of coca leaves and kola nuts."



-Snopes.com

Thanks to Fig Garden Rotary Club
for the \$3000 Donation Towards Landscaping!!!



Visit Our Website at
www.caprehab.org



Meetings

The following meetings are open to the public

Narcotics Anonymous
(Men Only)

Mondays

7 p.m.

Alcoholics Anonymous
Birthday Meeting

Last Saturday
of the month

7 p.m.

Yes, I would like to help CAP with an: (circle) In-Kind Gift Pledge Volunteer

Name: _____ Phone Number: _____

Address : _____ City: _____

State: _____ Zip: _____ e-mail: _____

\$20 ____ \$50 ____ \$100 ____ Others \$ ____

Please mail to: CAP 2445 W. Whites Bridge Ave. Fresno, CA 93706

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For questions or suggestions regarding the newsletter
contact Carrie (559) 264-5096 ext. 10